



2012 Conservation Work Summary



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INTRODUCTION

The last few decades have given rise to numerous studies on the relationship between conservation and agriculture. Unfortunately, too many of them never escape the confines of peer-reviewed journals or lack accessible information on how to incorporate conservation practices into food production systems. Since 2010, The Farm at Sunnyside has been developing a framework for doing precisely that. Under the direction of a staff biologist, the Farm has been working to implement a multifaceted conservation strategy. By relating our methodology for developing, applying and funding a farm conservation program, these reports aim to consolidate our learning while providing our customers and the broader public with a window into our efforts.

Our conservation program is divided into four broad categories:

- (1) **Environmental Monitoring:** tracking ecological conditions by monitoring local weather trends, water and soil quality, and population dynamics of bio-indicator species.
- (2) **Biodiversity Assessment:** inventorying property-wide biodiversity through our own research efforts and collaboration with other institutions.
- (3) **Conservation Management:** enhancing wildlife habitat, fostering beneficial interactions between wildlife and agriculture, and maximizing benefits from ecosystem services.
- (4) **Wild Product Sales:** exploring the value of wild species as a component of our food production system and promoting their nutritional and ecological benefits to consumers.

Compared to 2011, this year's conservation labor was more evenly distributed between the categories of work (Figure 1). A primary reason was the lack of a major restoration planting coupled with more favorable weather conditions that reduced the need for labor-intensive watering and weeding.

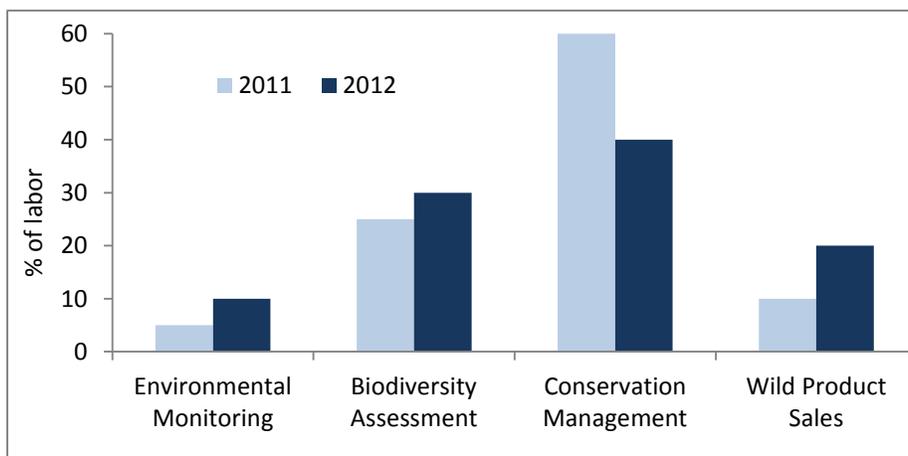


Figure 1: Comparison of the estimated amount of field time dedicated to each aspect of the Farm's conservation program in 2011 and 2012. A considerable portion of the conservation manager's time is also applied to research, land management planning, data analysis and community outreach through educational events and collaboration with local institutions.

BACKGROUND

The Farm at Sunnyside comprises 422 acres in Rappahannock County, Virginia, immediately adjacent to Shenandoah National Park (Figure 2). The property has been in agriculture since the early 1800s (previously with apples, cattle and corn as the primary crops), and the Farm's character has been shaped by this history (APPENDIX A). Many of our greatest challenges, particularly invasive plants, are a legacy of past agricultural practices. At the same time, certain remnant agricultural features now provide important wildlife habitat. We have observed artificial watering holes for cattle that today serve as functioning ephemeral wetlands, rock walls that act as highways for mammals traversing the property, and irrigation ponds that uniquely support a range of bird, amphibian and plant species. Today's agricultural footprint consists of 40 acres dedicated to the production of certified organic vegetables and fruit, with the rest of the property managed for biodiversity and beneficial ecosystem services (APPENDIX B). Still, the agriculture/conservation relationship remains a complex one, replete with trade-offs and surprises. Understanding it and maximizing its mutually beneficial effects starts with gaining a deep and systematic knowledge of our land and its biodiversity.

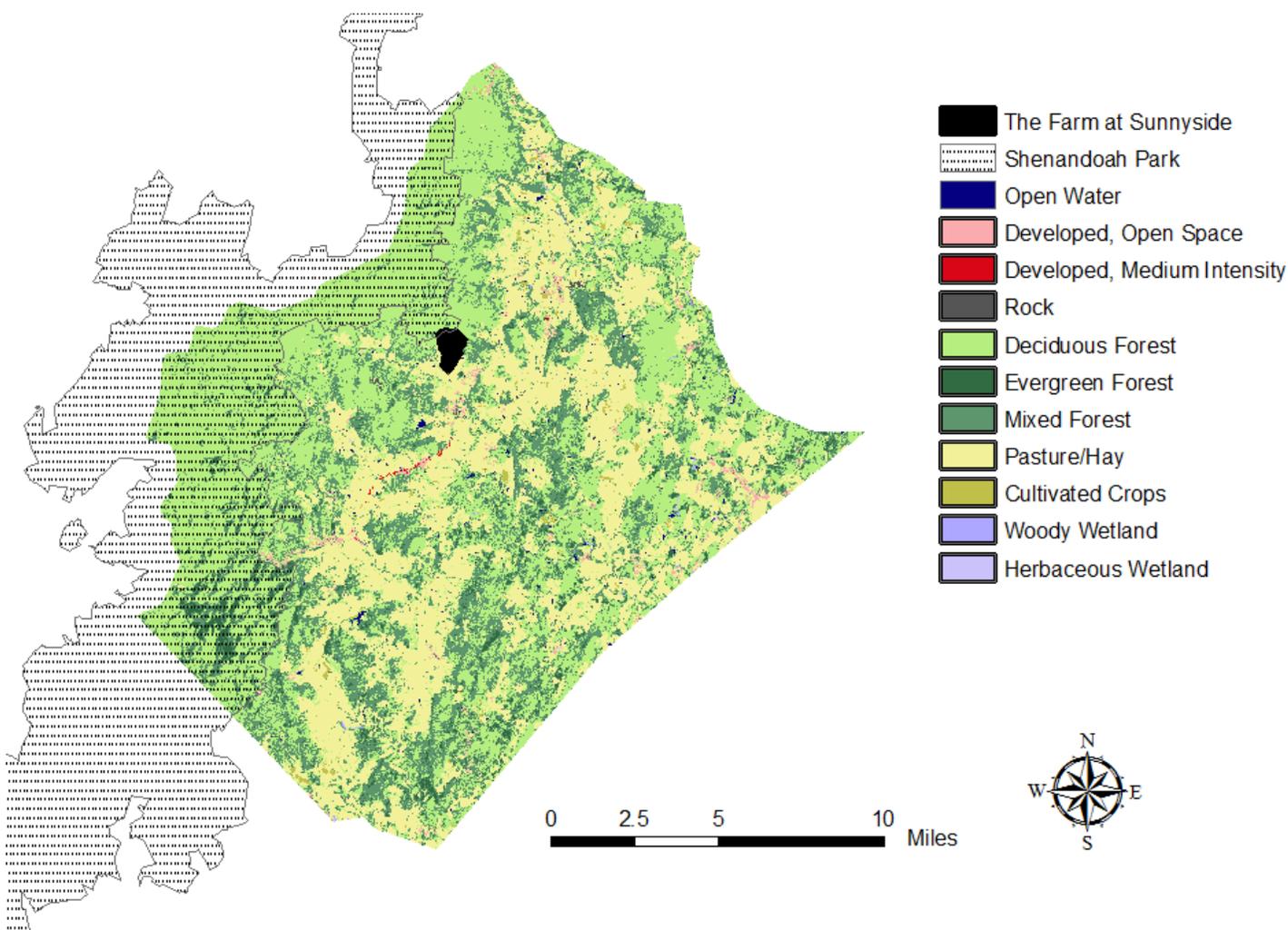


Figure 2: Land cover of Rappahannock County, VA. The primary land use is agricultural with very little developed space or impervious surface. The western half of the county contains a portion of Shenandoah Park, which the Farm borders.

ENVIRONMENTAL MONITORING

GOAL: To assess, analyze and monitor abiotic (e.g. water quality and weather patterns) and biotic (e.g. bio-indicator populations) environmental conditions. Understanding and tracking such conditions is fundamental to gauging the Farm's ecological health and provides important data necessary to inform and enhance agricultural activities.

Weather. We continued to monitor air temperature, precipitation, wind speed and other weather variables in 2012 and post real time data at www.weatherlink.com/user/sunnyside. This year, we experienced an exceptionally warm and dry winter and early spring with temperatures in February and March 7° F above average with just half the standard precipitation. Fortunately, our summer was more typical of historical norms than 2011: there were fewer periods of prolonged temperatures above 90° F, and rain events were more frequent and evenly distributed. Notably, the Farm received 48% more precipitation during the months of June, July and August than over same period in 2011 (Figure 3). The total rainfall during these months (11.26 inches) is near the expected average of 11.38 inches for this location¹.

Two notable extreme weather events in 2012 merit discussion. On June 29th a "derecho" barreled through the mid-Atlantic at over 60 mph, knocking out the Farm's power for several days and damaging our hoop houses. While not unprecedented, these high-energy windstorms are rare, and this one was notable for its strength and suddenness. Four months later on October 29th Hurricane Sandy struck the east coast. Following Hurricane Irene in 2011, this was the second major hurricane to affect the Farm in as many years. Plastic was stripped from five of our nine hoop houses; several took serious structural damage; and one was completely destroyed. The Farm received more than 8 inches of rain in less than a day; at its peak, the rain rate was recorded at 4.43 inches/hour. We estimated the recharge rate at one irrigation pond to be 350,000 gallons/hour during the storm. Despite the hurricane, we ended the year with 38.21 inches of precipitation, a deficit roughly 10 percent below the region's historical yearly average of 42.36 inches¹.

Perhaps more than any other business, agriculture is tied directly to the weather. The prospect of climate change makes it all the more essential to collect data that allow for the detection of important trends that may force changes in how we operate. For example, warmer winters and earlier springs may fundamentally shift our growing season, increase the intensity of insect pest pressure and reduce our groundwater supplies. A rise in the frequency and severity of extreme weather events may force a re-evaluation of where and how we grow our produce. Hotter, drier summers and more episodic rainfall may change our crop mix and alter the way we capture and store water.

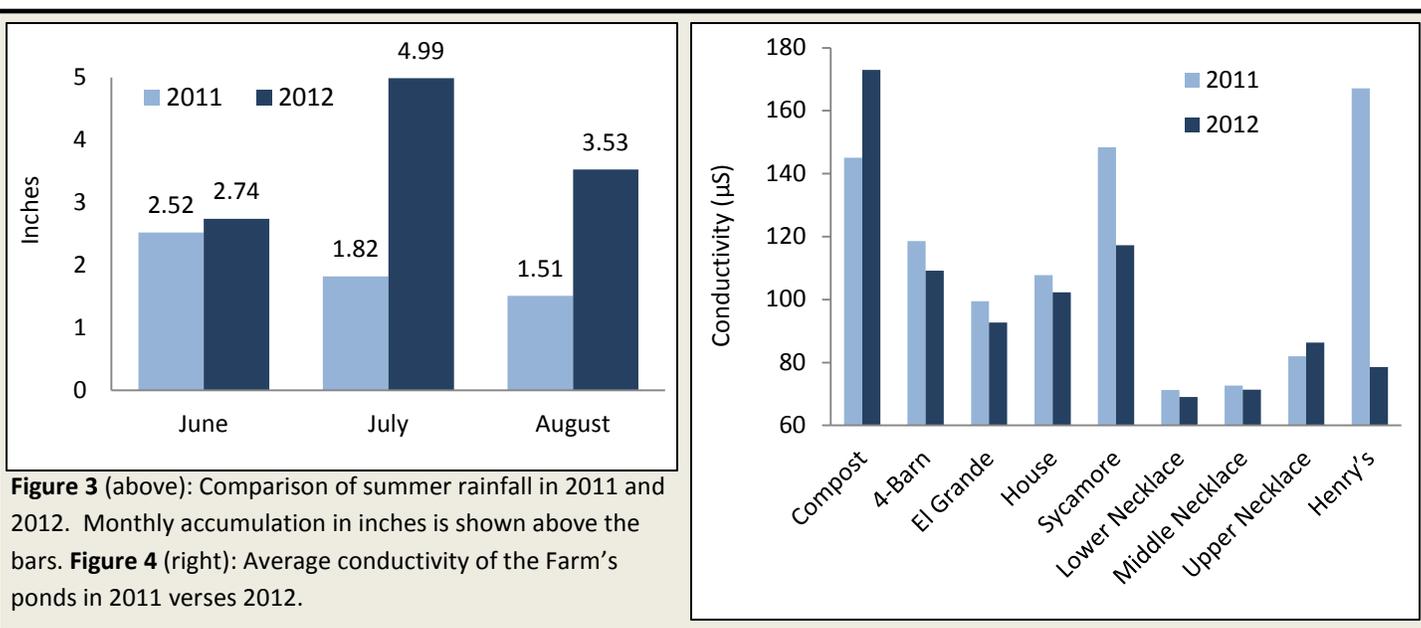
Water. Our last report outlined an expanded water quality monitoring protocol that we put into practice this year. Sampling of the Farm's nine ponds was conducted monthly, and a selection of faucets and hydrants were included in testing. Field methodology remained the same: three samples were taken from each pond and values for temperature (Temp), pH, conductivity (Cond), total dissolved solids (TDS) and salinity were averaged (Table 1).

¹ Weather.com. <http://www.weather.com/weather/wxclimatology/monthly/graph/22747>. (May 2, 2012).

Table 1: Average water quality parameters of the Farm's nine ponds in 2012.

| Pond | Temp (°C) | pH | Cond (µS) | TDS (ppm) | Salinity (ppm) |
|-----------------|-----------|------|-----------|-----------|----------------|
| Compost | 18.19 | 7.01 | 173.02 | 123.29 | 83.27 |
| 4-Barn | 19.27 | 9.03 | 109.19 | 77.67 | 53.61 |
| El Grande | 19.68 | 8.55 | 92.68 | 65.94 | 46.50 |
| House | 20.08 | 9.41 | 102.26 | 72.66 | 50.76 |
| Sycamore | 19.74 | 8.92 | 117.23 | 83.39 | 57.52 |
| Lower Necklace | 19.95 | 8.78 | 68.99 | 49.12 | 35.97 |
| Middle Necklace | 20.02 | 8.68 | 71.39 | 50.68 | 37.16 |
| Upper Necklace | 19.09 | 7.65 | 86.28 | 61.36 | 43.68 |
| Henry's | 19.85 | 8.84 | 78.59 | 55.83 | 40.43 |

While water quality parameters in 2012 did not greatly fluctuate from observations in 2011, one notable change was the >53% decrease in average conductivity of Henry's Pond (APPENDIX C), which fell from the highest at the Farm (167.07 uS) to the third lowest (78.59 uS) (Figure 4). Conductivity is a measure of dissolved ions in water and, when high, can indicate inputs of materials from erosion. Henry's pond is fed from a perennial seep that emerges upslope of its current shoreline. Historical photos show that the seep has been present since at least the 1950s. The previous farm owner constructed a dam to capture more of this water for irrigation. We removed the dam in 2010 and have subsequently been working to re-establish a wetland habitat with better wildlife attributes that also serves to filter water for downstream irrigation ponds. Taken into account with other factors, such as a marked increase in water clarity, the drop in conductivity suggests that these ongoing efforts are beginning to show positive results. We also closely monitored changes in water quality parameters of the 4-Barn pond before and after the application of poultry manure to parts of the vegetable field upslope from the pond. One week after spreading the manure, values for conductivity and total dissolved solids showed no change, even with substantial rainfall the day before the second round of testing, providing us some confidence in both our application methods and the adequacy of buffer strips surrounding the pond.



Bio-indicators. Some species, or assemblages of species, can be used to monitor the health of their environment. The use of indicator species to assess ecosystem integrity, particularly in aquatic habitats, is in many ways superior to tracking changes in abiotic chemical variables. Taxa such as benthic macro-invertebrates and salamanders are always present in streams and are subject to any fluctuations in water quality throughout the year which may be missed by periodic water sampling. Salamanders are strong bio-indicators of stream health because they are sensitive to fluctuations in the environment, easy to sample and abundant enough to provide statistically meaningful data.

Stream salamander surveys were conducted in June and September at eight sites distributed across the two streams that flow through the Farm (APPENDIX D). In total, 168 individuals were recorded among six species (Table 2). As in 2011, northern dusky salamanders (*Desmognathus fuscus*) were by far the most common, comprising 81.5% of all captures. While survey data of green frogs (*Lithobates clamitans*), pickerel frogs (*Lithobates palustris*) and eastern spotted newts (*Notophthalmus viridescens*) are included, these species are not considered to be bio-indicators of stream health in this circumstance because of their ability to leave streams when conditions become unfavorable. A notable change from last year was the observation of three stream salamanders at site 7, located at the southern end of the Western Stream, and at site 8 in the Outlet Stream of the Lower Necklace Pond (APPENDIX C). Salamanders had not previously been recorded at these sites in the last two years of surveys, and notably, one of the individuals found in the Outlet Stream was a juvenile northern spring salamander (*Gyrinophilus porphyriticus*), a particularly habitat-sensitive species that had to this point only been observed in the forested stream segments of the property.

Table 2: Aggregated findings from the spring and fall stream salamander surveys at the Farm's two streams. Site 6 was dropped from sampling.

| Site | N. dusky salamander | E. spotted newt | spring salamander | N. two-lined salamander | green frog | pickerel frog | total |
|--------------|---------------------|-----------------|-------------------|-------------------------|------------|---------------|------------|
| 1 | 16 | 0 | 2 | 0 | 2 | 1 | 21 |
| 2 | 35 | 0 | 1 | 0 | 0 | 3 | 39 |
| 3 | 35 | 0 | 1 | 2 | 0 | 1 | 39 |
| 4 | 36 | 0 | 0 | 6 | 0 | 1 | 43 |
| 5 | 14 | 1 | 0 | 3 | 0 | 0 | 18 |
| 7 | 1 | 1 | 0 | 1 | 1 | 0 | 4 |
| 8 | 0 | 0 | 1 | 2 | 1 | 0 | 4 |
| total | 137 | 2 | 5 | 14 | 4 | 6 | 168 |

The use of bio-indicators will become a larger component of our environmental monitoring efforts in the future. In spring of 2013, students from the Smithsonian-Mason Semester at the Smithsonian Conservation Biology Institute (SCBI) will conduct macroinvertebrate sampling at sites within the Farm's two streams. Partnerships such as this contribute the necessary equipment and labor that allows the Farm to operate a robust monitoring program.

Soil. We implemented in 2012 a new long-term monitoring effort aimed at assessing how certain farm land uses (production fields, warm season grass meadows, etc.) affect soil condition. We took soil cores to a depth of 12 inches from a series of locations and will repeat these cores every 5 years to assess changes in soil structure. A second soil issue ties back to the Farm's historic agricultural use as an orchard. Aware that lead and arsenic were routinely applied on apples and that these substances are persistent in soil, we have taken great care – through historical research backed

up with rigorous soil testing – to ensure that our production areas were not sprayed with these materials and are free of contamination. What we've determined is that the parts of the property potentially subject to such contamination are no longer farmed and now largely in a state of early succession forest (APPENDICES A and B). While we are confident that such contamination would therefore not present a health threat, we would still like to know if it exists and if so whether it is having any localized ecological effects, e.g. on vegetative structure, amphibian populations, etc. Accordingly, we plan to keep testing a few spots each year to see what we find.

BIODIVERSITY ASSESSMENT

GOAL: To comprehensively inventory the full range of biodiversity present on the Farm. In this way, we aim to establish a robust baseline of species occurrence from which we can monitor change over time, make certain assumptions about habitat diversity and quality and set conservation priorities.

Mammals. We continued our camera trapping protocol to sample mammal diversity using the same methodology as the previous year: with three stationary cameras² and one mobile camera moved at regular intervals to different habitat features on the property. Our camera trapping work is part of an initiative coordinated with Environmental Studies on the Piedmont to sample mammal diversity on private lands throughout the region. As with last year, these cameras have documented black bear (*Ursus americanus*), bobcat (*Lynx rufus*), coyote (*Canis latrans*), white-tailed deer (*Odocoileus virginianus*), grey squirrel (*Sciurus niger*), opossum (*Didelphis virginiana*), and raccoon (*Procyon lotor*). Three new species were photographed by the stationary cameras in 2012: southern flying squirrel (*Glaucomys v. volans*), striped skunk (*Mephitis m. mephitis*) and a species of *Peromyscus* mouse (APPENDIX E).

Strategic placement of the mobile camera has allowed us to identify highly trafficked wildlife corridors (APPENDIX B) and has consequently led to a better understanding of the features associated with a preferred corridor. For example, we have confirmed that many mammals, including bobcats, bears and coyotes, tend to take advantage of old rock walls as a least-cost path for transiting the property (Figure 5). This type of information can inform management decisions aimed at optimizing wildlife use and influencing the movement of species through the Farm.



Figure 5: A rock wall following the tree line on the eastern side of the Farm. This wall provides an easily traversable path between open meadows and dense brambles in the forest. We have identified at least two individual bobcats using the wall based on differences in their markings and size (left and middle).

Birds. The Farm maintains a list of all birds recorded on the property since its purchase in 2006 (APPENDIX F). That list now reflects 142 species and is largely the product of anecdotal observation by the farm owner. A more intensive and systematic survey, especially during the fall and spring migrations, would likely produce an increase in the number of

² Two of the stationary cameras (sites 1 and 2) were deployed outside of the Farm within the boundary of the Shenandoah National Park. This spacing was necessary to achieve the minimum distance between the cameras recommended by Environmental Studies on the Piedmont to ensure an acceptable level of sampling independence among the sites. Although at a higher elevation, the habitat where cameras 1 and 2 are situated is analogous to areas just across the Farm property line.

wood warblers, flycatchers, thrushes and certain other species that could reasonably be expected to occur here. A few highlights:

- Northern bobwhite (*Colinus virginianus*) continue to expand their use of the Farm's improved grasslands and hedgerows. 2012 saw the largest number of singing males yet recorded (six).
- The orchards have proven once again to be a favored spot for whip-poor-wills (*Caprimulgus vociferus*) and American woodcock (*Scolopax minor*), demonstrating how production areas can also provide valuable habitat.
- An adult and immature bald eagle (*Haliaeetus leucocephalus*) were observed feeding on deer gutpiles this fall, reinforcing the Farm's policy of mandating lead-free ammunition.

Amphibians. In the spring of 2011 we identified three locations at the Farm that appeared to be ephemeral pools—temporarily flooded wetlands needed by many amphibians for reproduction (APPENDIX G). These features were all artifacts from historic land uses at the Farm: abandoned cattle watering holes at the farm entrance and in the wooded corridor west of the Stable Fields, and the third a shallow cistern around a natural spring. In February we established drift fence arrays at each site to ascertain if amphibians were using the pools to breed (Figure 6). We constructed the fences using waste from the farm: broken wooden stakes to frame the fence wall made from scrap greenhouse plastic. At either end and in the center of each wall a 5 gallon bucket was buried to ground level so that amphibians attempting to circumvent the wall would fall into the bucket to be easily counted. Buckets were left open on rainy or humid nights above 45°.

In total, 284 individuals were captured among nine species over six trap nights (Table 3). Spotted salamanders (*Ambystoma maculatum*) accounted for 44.4% (n = 126) of all captures, followed by wood frogs (*Lithobates sylvatica*) at 28.5% (n = 81) and American toads (*Anaxyrus americanus*) at 19% (n = 54). All other species' capture rates were below 5%. Most of the individuals (183) were recorded at the Entrance Pool, and only five were observed at the Corridor Pool, three of these being spotted salamanders. The Cistern Pool supported the greatest diversity of species with seven of the nine recorded species present. We counted spotted salamander egg masses at each site on March 26th after the main breeding period concluded and recorded 68 egg masses in the Entrance Pool, 45 in the Cistern Pool and none in the Corridor Pool. Three egg masses were also found in a small, apparently natural ephemeral pool in a small wooded patch east of the House Pond (APPENDIX G). Another two egg masses were found in Henry's Pond for a total of 118 across the property.

Table 3: Summary of drift fence captures. Results are reported as count and percent of total.

| Species | Entrance | | Cistern | | Corridor | | total |
|--------------------|----------|-------|---------|-------|----------|-------|------------|
| wood frog | 56 | 30.6% | 25 | 26.0% | 0 | 0.0% | 81 |
| American toad | 27 | 14.8% | 25 | 26.0% | 2 | 40.0% | 54 |
| Fowler's toad | 0 | 0.0% | 1 | 1.0% | 0 | 0.0% | 1 |
| spring peeper | 3 | 1.6% | 0 | 0.0% | 0 | 0.0% | 3 |
| pickrel frog | 0 | 0.0% | 13 | 13.5% | 0 | 0.0% | 13 |
| green frog | 3 | 1.6% | 1 | 1.0% | 0 | 0.0% | 4 |
| spotted salamander | 94 | 51.4% | 29 | 30.2% | 3 | 60.0% | 126 |
| spotted newt | 0 | 0.0% | 2 | 2.1% | 0 | 0.0% | 2 |
| total | 183 | 64.4% | 96 | 33.8% | 5 | 1.8% | 284 |
| species | 5 | 55.6% | 7 | 77.8% | 2 | 22.2% | 9 |

The prevalence of spotted salamanders and wood frogs—two species dependent on ephemeral pools—was even more encouraging than the diversity and abundance of amphibians we encountered during the study. It is interesting to see that relic farm structures may be functioning as breeding habitat for these sensitive species. To date we have not found any natural ephemeral pool occurring in the northern forested part of the property. Such features were perhaps eliminated during earlier agricultural conversion to orchards. In any case, the lack of such natural features underscores the potentially immense importance of these artificial ephemeral pools for breeding amphibians. A next step is to monitor hatchling success rates to ensure that these artificial pools are not simply “ecological traps.” For example, the Entrance Pool dried rather quickly, and many spotted salamander egg masses were desiccated and lost. While this could be a result of the unusual warmth and lack of precipitation we encountered last winter and early spring, it bears watching going forward. Depending on how successful these pools are in serving as amphibian breeding areas, we plan to explore the potential of creating additional vernal pool habitat in the future.



Figure 6: The abandoned cattle pond at the Farm entrance (above) supports ephemeral pool breeding amphibians such as the spotted salamander (above right). The first warm, rainy night in spring stimulates a mass migration of these salamanders, as well as wood frogs, toads and other species, which will travel up to a kilometer to reach their breeding pools. We sampled these populations by setting up drift fence arrays created from scrap hoop house plastic, also pictured above. These fences funnel animals into one of several buckets sunk into the ground (right) where individuals are counted and immediately released.



Turtles. This year we greatly stepped up our efforts to monitor turtle populations. Of particular interest are eastern box turtles (*Terrapene carolina*), rated Tier III (high conservation need) in the Virginia Wildlife Action Plan³, and aquatic turtles, which can play a considerable role in the ecology of irrigation ponds. Due to the eastern box turtle's conservation significance, we feel that a long-term population study is warranted. This small, unassuming turtle is also one of the longest-lived animals in our region with some individuals on record in excess of 100 years old⁴. As of August 2012, we have marked (or "notched") eight eastern box turtles by filing a small, unique code into their shells. Several turtles have been observed on multiple occasions, and we hope to eventually collect enough data to begin estimating home range sizes, demographics and other population parameters.

Aquatic turtles are a key component of pond ecosystems and can significantly affect the ecology of ponds used for agricultural purposes. The diet of a typical pond turtle such as the common snapping turtle (*Chelydra serpentina*) (Figure 7) or the eastern painted turtle (*Chrysemys picta*) is approximately 50% plant matter, much of this being detritus. These species also eat carrion and may therefore help maintain water quality in irrigation ponds. Common snapping turtles can also be significant predators on fledgling waterfowl. For these and other reasons, we felt it important to build a more quantitative understanding of the Farm's aquatic turtle populations.



Figure 7: A hoop net (above) and the common snapping turtle found within (right). This turtle is ready to be marked and released.

This year we were fortunate to have access to hoop nets with which to sample our pond turtle populations. They were lent to us by biologist and CSA member Tom Akre. The nets are positioned near shore, anchored with stakes and baited with sardines to coax turtles inside (Figure 7). Nets were left out for four nights and checked daily. Any captured turtles were notched with a code signifying their pond of origin and individual identity. In total, we caught and marked 20 turtles (15 common snapping turtles and 5 eastern painted turtles) with males of both species being more numerous (Table 4). The most turtles were counted in the Compost Pond ($n = 4$), the smallest of the Farm's nine ponds, with no turtles found in the Middle and Lower Necklace Ponds (APPENDIX C). Only common snapping turtles were observed in

³ Virginia Herpetological Society. http://www.virginiaherpetologicalsociety.com/reptiles/turtles/eastern-box-turtle/eastern_box_turtle.htm. (February 8, 2013).

⁴ FROM: Gibbs, Breisch, Ducey, Johnson, Behler and Bothner, eds. *The Amphibians and Reptiles of New York State: Identification, Natural History, and Conservation*. Oxford University Press, 2007. Print, citing work by John Treadwell Nichols IN Nichols, JT. 1939. Range and homing of individual box turtles. *Copeia* 1939: 125-7 in which the eastern box turtles that Nichols marked with his initials, date and a unique identification number in his research in the 1920s are still being found in surveys 80 years later. Many of the Nichols' turtles were over 20 years old at the time.

the Compost Pond, which corresponds to this species' preference for deep, mucky substrates. It is possible that eastern painted turtles are limited by a lack of basking space, so we plan to create artificial basking areas next year.

Table 4: Summary of aquatic turtle captures at the Farm's nine ponds.

| Pond | Common Snapping | | | Eastern Painted | | |
|-----------------|-----------------|-----------|----------|-----------------|----------|----------|
| | total | M | F | total | M | F |
| Compost | 4 | 2 | 2 | 0 | 0 | 0 |
| 4-Barn | 2 | 2 | 0 | 1 | 1 | 0 |
| El Grande | 3 | 3 | 0 | 1 | 1 | 0 |
| House | 3 | 2 | 1 | 2 | 2 | 0 |
| Sycamore | 0 | 0 | 0 | 1 | 0 | 1 |
| Lower Necklace | 0 | 0 | 0 | 0 | 0 | 0 |
| Middle Necklace | 0 | 0 | 0 | 0 | 0 | 0 |
| Upper Necklace | 1 | 0 | 1 | 0 | 0 | 0 |
| Henry's | 2 | 2 | 0 | 0 | 0 | 0 |
| total | 15 | 11 | 4 | 5 | 4 | 1 |

Invertebrates. Several new and fascinating species were recorded at the Farm in 2012, not least of which was *Ceratina makmaqi*, a type of mason bee newly described to science in 2011 through the use of DNA bar coding. The bee was collected at the Farm at Sunnyside and two other properties during pollinator surveys conducted by SCBI's Virginia Working Landscapes Project. In addition, a member of the farm staff found a hickory horned devil, the caterpillar of the regal moth AKA royal walnut moth (*Citheronia regalis*). This immense insect is the heaviest lepidopteron in the United States (Figure 8). These larvae feed on several plant species found on the Farm such as persimmon (*Diospyros virginiana*) and winged sumac (*Rhus copallinum*).



Figure 8: A hickory horned devil caterpillar found at the Farm. This individual will soon burrow into the soft forest floor to pupate.



Figure 9: An adult BMSB on a cultivated blackberry at the Farm.

The invasive brown marmorated stink bug (BMSB) (*Halyomorpha halys*) continued to plague the Farm throughout 2012. The BMSB, introduced from east Asia, was first collected in Allentown Pennsylvania in 1996 and has become a major agricultural pest across the Mid-Atlantic region. BMSBs can have a devastating effect on our crops and are a serious nuisance to humans when thousands of the bugs infest homes in the winter. This year we were fortunate to have a student from Prescott College conduct research on BMSBs at the Farm. Taliaferro Trope examined BMSB associations with various native, exotic and agricultural plant species at 10 sites distributed across the property. She found that BMSBs showed an overall preference for white mulberries (*Morus alba*) and

both agricultural and native blackberries (*Rubus* spp.) (Figure 9). Notably, the bugs would move off of these species and other orchard fruits onto native smooth sumac (*Rhus glauca*) when it was fruiting. The bugs also showed a strong attraction to ailanthus AKA tree-of-heaven (*Ailanthus altissima*)⁵, a fellow east Asian invasive.

We continued periodic tick sampling around the property (see our 2011 report for a description of methodology). No significant changes in tick species occurrence in different land cover types were found between years. We did, however, expand our efforts to include forested areas of the Farm which incidentally supported the highest proportion of deer ticks (*Ixodes scapularis*) of any land cover type on the property.

⁵ Trope, Taliaferro N. 2012. Host Plant Preference of the Brown Marmorated Stink Bug (Hemiptera: Pentatomidae) in Northern Virginia on The Farm at Sunnyside. *Prescott College*.

CONSERVATION MANAGEMENT

GOAL: To increase farm biodiversity and enhance its agricultural benefits by improving habitat quality for target species. While we view biodiversity conservation as an important objective in its own right, we also seek to enhance the contribution of wild species to food production.

Land Use Planning. This year we began work on a comprehensive land management strategy for the Farm. We used a GIS to divide the property into units for which we can develop a set of management objectives and timelines for the work. Our primary focus in 2012 was to identify sections of the property that we call “marginal” land -- currently over 55 acres distributed among 24 distinct sites (APPENDIX B). These areas, mostly fields with some small forest patches, are of special interest because they currently contribute little to no value toward crop production or wildlife habitat, yet carry recurrent maintenance costs. Many of these units (over 27 acres total) require regular mowing, and most are reservoirs for invasive plants with high dispersal ranges such as Johnson grass (*Sorghum halepense*) and ailanthus AKA tree-of-heaven (*Ailanthus altissima*).

We created a document characterizing each unit with information on its physical dimensions, soils, slope and proximity to features such as roads. Our goals moving forward are: to (1) increase the agricultural and/or wildlife value of units; (2) strengthen connectivity of warm season grass meadows, forests and other habitat patches; (3) improve ecosystem services such as expanding buffers around streams and ponds; and (4) reduce the maintenance costs of unproductive units. This type of planning exercise allows the entire farm staff to comment on the proposed management of land units while having all of the pertinent information at hand.

Invasive Plant Control. Certain species of exotic plants remain a critical threat to the Farm’s biodiversity and in some instances to its agricultural production. The mile-a-minute (*Persicaria perfoliata*) infestation pictured at right is a classic example of how these aggressive species can smother and kill established vegetation, creating a monoculture that lacks the diversity of food and cover that wildlife depend on (Figure 11). We use multiple methods to control invasive plants including mowing, hand pulling, fire and targeted herbicide applications (outside of agricultural production areas)⁶. Despite considerable progress in managing certain species, we expect that invasive plant management will continue to occupy a meaningful amount of our time in 2013 and beyond. This year we updated our invasive plant threat



Figure 11: This site within a wooded section of the Farm is completely dominated by mile-a-minute, an extremely fast-growing invasive weed that can rapidly outcompete native vegetation. In this type of situation, immediate and aggressive intervention is essential to contain the species’ spread.

⁶We have concluded that it is not feasible to address the Farm’s invasive species challenges using only organic means. Accordingly, we have opted to supplement mechanical treatments with selective herbicide use in certain non-agricultural areas. We maintain required buffers, store herbicide material and equipment away from agricultural equipment and infrastructure and limit applicators to the conservation manager, farm owner and licensed contractors.

list to reflect species that have emerged as higher priorities: Chinese lespedeza (*Lespedeza cuneata*) and Johnson grass (*Sorghum halepense*) now top the list of species in greatest need of control along with Japanese honeysuckle (*Lonicera japonica*), the most widespread and pervasive invasive plant nuisance on the Farm⁷.

Follow up examination of our efforts to eliminate **ailanthus** from the property showed strongly positive results. In July of 2011 we contracted the Virginia Forestry and Wildlife Group to eradicate ailanthus at the Farm. Treatment was largely focused on a 15-acre belt of early successional, or “old field,” forest formerly in orchard, as well as some hedgerows on the Farm proper (Appendix H). This year we observed near complete die-off of ailanthus with only 1-2% of trees requiring follow up treatment and no marked increase in the number of root suckers in most locations. Standing ailanthus were removed from hedgerows and ground into mulch to be used for restoration work. Follow up treatment for root suckers and germinating seedlings will be carried out in 2013 and beyond as necessary. 2013 will mark the first year of near total absence of mature ailanthus in the early successional forest treatment block, and we will revisit the 24 square meter quadrats dispersed throughout this area to examine forest floor plant community response after reduction of the canopy (see 2011 report for description of this study). The next management step for this area is control of sub-canopy and ground cover invasive species such as garlic mustard (*Alliaria petiolata*), Japanese barberry (*Berberis japonica*), Japanese honeysuckle and Japanese stilt grass (*Microstegium vimineum*).

Japanese honeysuckle is a species where landscape level control is not possible due to the extent of infestation and the characteristics of the plant. Instead, we target priority sites where management is both feasible and necessary to our objectives. Mechanical control has involved removing old cattle fences that serve as trellises and facilitate the spread of this species. We also remove vines from young trees and shrubs and from deer fences. Where appropriate, we treat with herbicides individual units where the species poses a direct threat to restoration efforts. In early winter, conditions in the “Ramble” restoration site (APPENDIX A) were appropriate for a spot treatment of an extensive Japanese honeysuckle infestation using a broadleaf specific herbicide applied using a backpack sprayer. At this time of year very few plant species are active, minimizing the risk of non-target damage. Initial results were promising—indicated by significant die-back of the vines—though the true extent of the damage will not be apparent until spring 2013.

Chinese lespedeza has been a serious issue in the newly established warm season grass meadows surrounding Henry’s pond (APPENDIX C). The previous owners intentionally planted Chinese lespedeza, presumably as a bank stabilizer. Left unmanaged for over a decade, the result is a robust seed bank. We performed two rounds of herbicide treatment in these sites, spot spraying a broadleaf specific herbicide. The second application targeted individuals missed the first time around. Additional treatment will be needed in the coming years.

Johnson grass is a major concern in both our warm season grass meadows and agricultural growing areas. Likely introduced through hay brought in to feed cattle, this species develops an enormous rhizomatous root system and produces an extraordinary abundance of seeds. These factors make it especially hard to control. Our management has largely focused on mowing and hand pulling, but these methods are time and labor intensive. Spot spraying is also occasionally used in our meadows – problematically, however, as it is difficult to avoid damage to non-target species.

⁷Additional species of concern include tall fescue (*Schedonorus phoenix*), multiflora rose (*Rosa multiflora*), Canada thistle (*Cirsium arvense*), Japanese stilt grass (*Microstegium vimineum*), autumn olive (*Elaeagnus umbellata*), garlic mustard (*Alliaria petiolata*) Japanese barberry (*Berberis japonica*) and Chinese privet (*Ligustrum sinense*). While some of these species provide food and cover for wildlife — and were historically introduced partially for this purpose — their aggressiveness can drastically alter the structure of the landscape, diminishing diversity in the process.

Conservation plantings. The establishment of native warm season grass (WSG) and wildflower meadows has been a primary focus of our conservation enhancement program. Such habitat, which has been highly degraded in our region, supports a range of beneficial biodiversity (e.g., pollinating insects), improves soil health, reduces erosion, stores carbon and requires minimal maintenance. We seeded our first meadow in 2008 and, with another 6.75 acres planted in 2012, now have over 22 acres of WSG meadow and an additional 11.5 acres of land managed with fire to promote native meadow plant communities (APPENDIX I; seed mixes are provided in APPENDIX J). All told, the Farm supports nearly 34 acres of natural meadow habitat that provides an unbroken belt of habitat from the forests of Shenandoah National Park to the southern boundary of the property (APPENDIX B). These areas are managed for wildlife habitat with some mowing in the first establishment season and subsequently with biannual burning. Early spring burning hurts undesired invasive cool season grasses such as tall fescue (*Schedonorus phoenix*) while opening growing space for warm season species. Rotational burning is also recommended so as not to fully eliminate meadow habitat from the property at any one time. We have contracted the services of Sustainable Solutions, LLC to manage our prescribed burns since 2009. Of note, the Farm has a naturally occurring and increasing population of northern bobwhite quail (*Colinus virginianus*), a meadow specialist and high priority species for state and federal restoration efforts.

Another major initiative that we took on this year was to amend agricultural areas and ongoing restoration project sites with mass plantings of species known to have high pollinator value. We configured these plantings to be highly attractive to native pollinators. For example, large clusters of similar color flowers are search targets for native bees foraging on the landscape⁸. By establishing mass plantings of this type near agricultural fields we hope to direct more pollinator traffic to our crops and will assess the effectiveness of this initiative with sampling in 2013. All of our materials were sourced locally from Hill House Farm and Nursery (APPENDIX K).

Nesting boxes. We continued our efforts to provide nesting habitat for birds at the Farm with a focus on species that provide the ecosystem service of pest control (APPENDIX L). For the second year in a row, we banded five American kestrels (*Falco sparverius*). Roger Jones, licensed by the US Fish and Wildlife Service, assisted with the banding as part of a countywide effort to monitor kestrel populations (Figure 12). While not yet nesting in our boxes, eastern screech owls (*Megascops asio*) have consistently been using them for winter roosting (Figure 12). Our two barn owl boxes remain vacant, despite several barn owl (*Tyto alba*) sightings on the property.

⁸ The Xerces Society. <http://www.xerces.org/pollinator-conservation/>. (February 8, 2012)

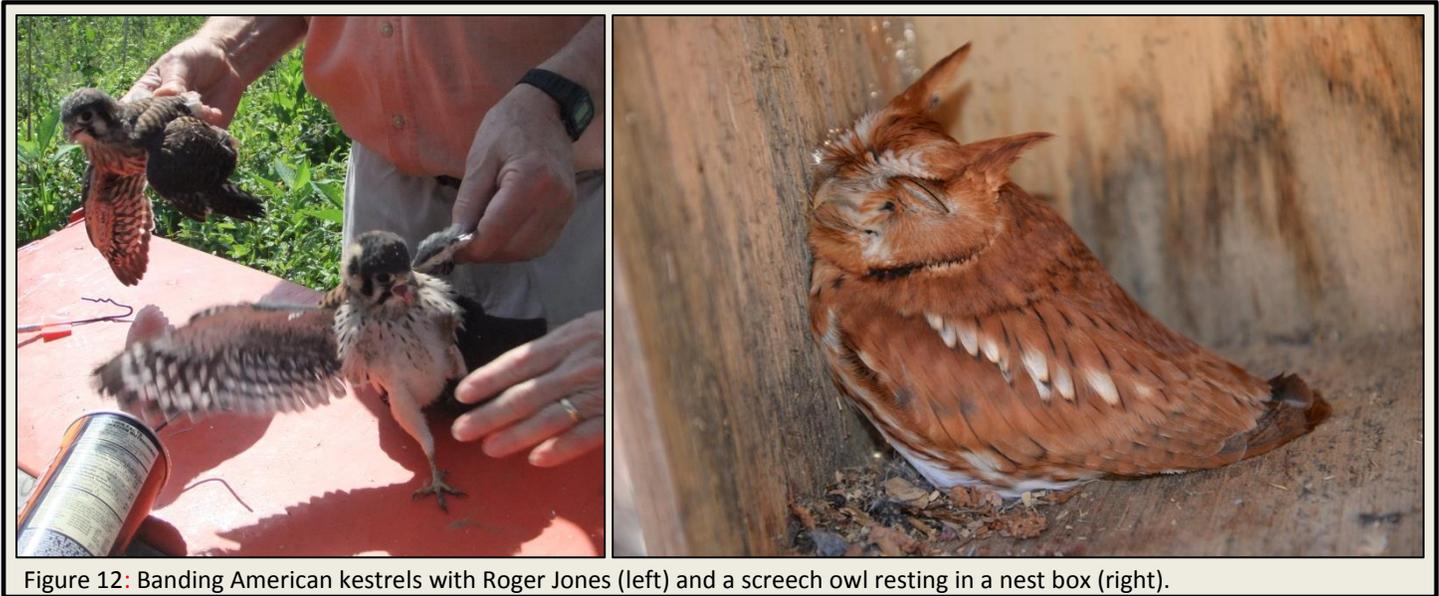


Figure 12: Banding American kestrels with Roger Jones (left) and a screech owl resting in a nest box (right).

This year we added five more nest boxes designed for eastern bluebirds (*Sialia sialis*) and tree swallows (*Tachycineta bicolor*) bringing the number of artificial nests of this type at the Farm to 18. A number of these boxes are positioned within and adjacent to our vegetable production areas. In 2012, we began a more rigorous monitoring program for tracking nestling success. In total, 58 chicks were fledged (30 eastern blue birds and 28 tree swallows) among 11 of the nests (Table 5) (APPENDIX M). A clutch of Carolina chickadees had begun to fledge in one box but were smothered when a tree swallow built a nest on top of them. We are experimenting with different nest box designs with the goal of discouraging both invasive species (i.e., European starlings (*Sturnus vulgaris*) and house sparrows (*Passer domesticus*)) and predators. Slant-front, open top and conventional boxes are all currently in use. About half of our boxes have protective baffles to deter snakes and raccoons. Last year, only one instance of predation was noted, though several boxes were damaged by black bears.

Table 5: Summary of hatchling success in nest boxes for eastern bluebirds and tree swallows.

| nest | est. year | baffle? | open roof? | eastern blue bird | tree swallow | total fledged |
|--------------|-----------|---------|------------|-------------------|--------------|---------------|
| 1 | date? | no | no | 0 | 4 | 4 |
| 2 | | no | no | 3 | 0 | 3 |
| 3 | | yes | yes | 0 | 0 | 0 |
| 4 | | yes | no | 0 | 0 | 0 |
| 5 | | yes | no | 5 | 0 | 5 |
| 6 | | yes | yes | 0 | 0 | 0 |
| 7 | | yes | yes | 0 | 1 | 1 |
| 8 | | yes | no | 5 | 5 | 10 |
| 9 | | yes | yes | 0 | 0 | 0 |
| 10 | | no | no | 0 | 5 | 5 |
| 11 | | no | no | 0 | 8 | 8 |
| 12 | 2012 | no | no | 4 | 0 | 4 |
| 13 | 2012 | no | no | 8 | 0 | 8 |
| 14 | 2012 | no | no | 0 | 5 | 5 |
| 15 | 2012 | no | no | 5 | 0 | 5 |
| 16 | 2012 | no | no | 0 | 0 | 0 |
| 17 | | no | no | 0 | 0 | 0 |
| 18 | | no | no | 0 | 0 | 0 |
| total | | | | 30 | 28 | 58 |

Finally, we continue, so far without success, to try to attract wood ducks (*Aix sponsa*) to a box located on the House Pond. While not an insect or rodent eater, wood ducks reflect good quality wetland habitat. We have seen evidence of breeding on the Farm and hope that the species may begin to use our box, particularly as we continue to improve pond conditions (e.g., by introducing aquatic vegetation).

WILD PRODUCT SALES

GOAL: To generate revenue and educate the public on the value of biodiversity by harvesting and selling fruits, berries, flowers and other products from wild species on the Farm.

After promising findings from last year's pilot study on wild product sales, we increased the diversity and volume of items going to market in 2012. Our efforts to expand our wild crop inventory met with success: income from wild products more than tripled from 2011 to 2012, increasing from \$917 to \$2,901.55 (Table 6). Thanks to lessons learned from the previous year, we also refined our harvesting techniques to increase efficiency. Demand for wild products was significantly higher at the Dupont Circle farmers' market than it was at the market in Crystal City, suggesting that demographics may be important in selling these items.

Table 6: Summary of wild product sales in 2011 and 2012.

| product | 2011 sales | 2012 sales |
|---------------------------|-----------------|-------------------|
| paw-paws | \$349.00 | \$1,140.30 |
| mixed wildflower bouquets | \$568.00 | \$782.00 |
| coreopsis bouquets | \$0.00 | \$402.00 |
| mojito mint | \$0.00 | \$231.25 |
| spicebush berries | \$0.00 | \$144.00 |
| honey* | \$0.00 | \$122.00 |
| ornamental grasses | \$0.00 | \$80.00 |
| total | \$917.00 | \$2,901.55 |

*Only reflects 2012 honey sales—the majority was sold in 2013.

Pawpaw fruits (*Asimina triloba*) continue to be a highly successful product at farmers' markets. In total, we brought over 100 pounds to market from late August through September and sold out every time. This year we were fortunate to have a good mast in the wild groves from which we harvest. Building on this success with marketable wild fruit, we harvested **spicebush berries** (*Lindera benzoin*) and sold them dehydrated in packets as a native spice. Spicebush berries were a particularly attractive crop to us because a relatively large quantity could be harvested in a short time and stored long-term through dehydration, allowing us to bring product to market every week with no additional labor needed.

Bunched **wildflowers** from our native meadows also continued to be popular. We began selling bouquets of coreopsis (*Coreopsis lanceolata* and *C. tinctoria*) in mid-May. Later in the season, we mixed in black-eyed susans (*Rudbeckia hirta*), purple coneflower (*Echinacea purpurea*), oxeye sunflower (*Helianthus helianthoides*), butterfly weed (*Asclepias tuberosa*) and other species. In the fall, we experimented with bunched ornamental grasses including Indian grass (*Sorghastrum nutans*), little bluestem (*Schizachyrium scoparium*) and Canada wild rye (*Elymus canadensis*). While sales of these grasses were not terribly successful, we see potential in ornamental native plants and will continue to explore this area.

While our emphasis in selling wild products is on native species, we also use other naturalized plants that exist on the property as a legacy of past use. For example, we recently discovered a large patch of **mojito mint** (*Mentha x villosa*) growing wild around an old home site. This type of mint, not commonly available in our region, has a distinctive aroma and flavor. It required little time to harvest and sold quite well.

Our biggest investment in the wild product area during 2012 was in **honeybees** (*Apis mellifera*). We had noticed several wild colonies of honeybees at Sunnyside, affirming that the species was naturalized to the farm. Furthermore, our pollinator surveys revealed a highly diverse native pollinator community, indicating the presence of feral honeybees has no significant effect on these populations. (European Honeybees have been a part of the North American biota since the 1600s but still are not a truly native species.) We therefore decided that producing honey for sale would both allow us to capture a promising revenue stream while also serving as a further boost to our pollination efforts.

Working with German Perilla of Environmental Studies on the Piedmont, we established our first apiaries in May populated with purchased bees. We positioned three hives

in the orchards and two in a natural meadow in the House Field. The House Field hives appeared to be more productive, though with the low sample size we cannot say whether the difference was due to the strength of the populations or their place in the landscape. Our apiaries were exceptionally productive their first year, and we were able to extract a total of 78 lbs of honey from the five colonies leaving at least 50 lbs in each hive to sustain the population through winter. We attribute this success largely to the diversity of habitats on the Farm, which keep bees supplied with abundant, high quality food throughout the season. Once introduced late in the fall, honey was an exceptionally popular item at the Dupont Circle market (and among the farm's staff and CSA members). We plan to expand our apiary in 2013 and begin experimenting with propagating feral populations from captured swarms. Naturalized honeybees are better equipped to tolerate environmental conditions in our immediate area and would represent an investment in a truly local animal product. We will also explore the market potential of other honeybee products such as propolis and bee bread.



Figure 13: The conservation manager and owner inspecting the orchard apiary with Shenandoah National Park in the background.



COMMUNITY OUTREACH AND COLLABORATION

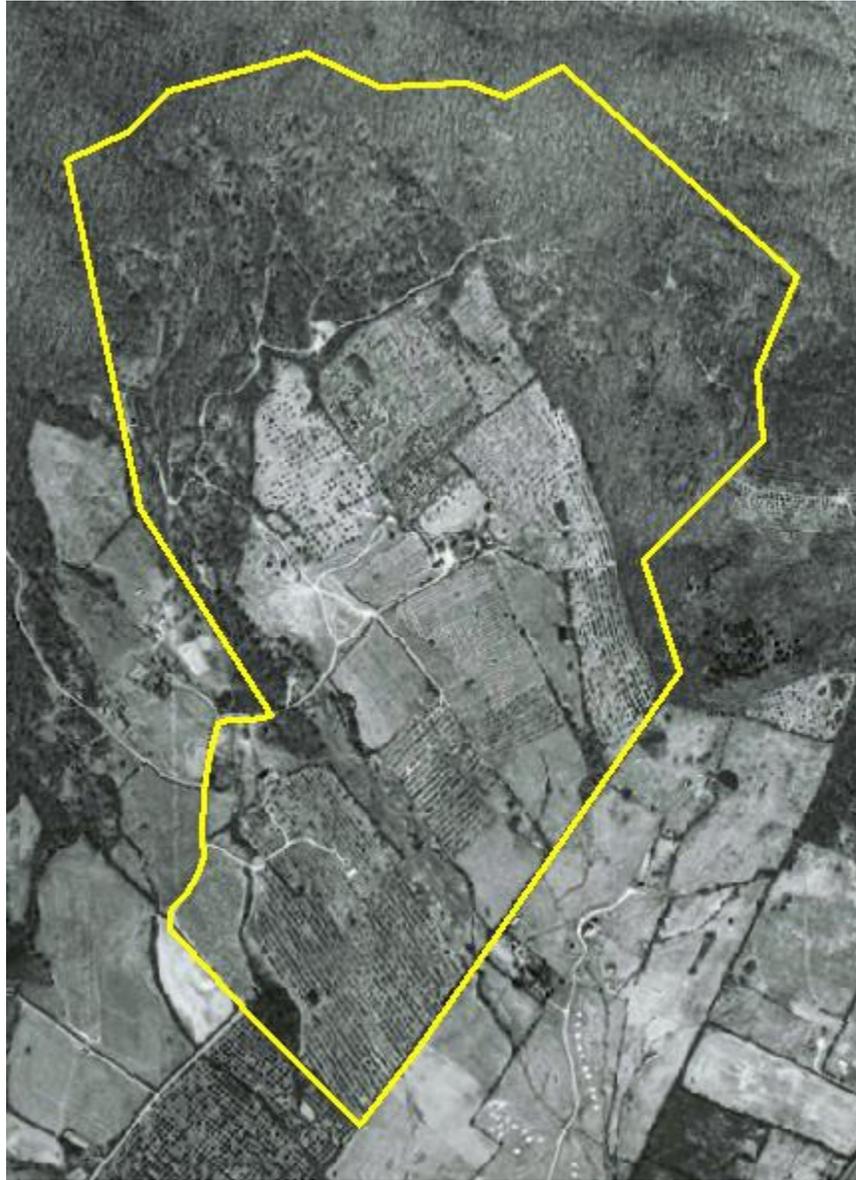
The Farm's partnerships with local non-profits, research institutions and ecological service providers continue to be fruitful. Our work with Environmental Studies on the Piedmont's camera trapping research was presented at the Virginia Academy of Science with the conservation manager as a co-author, and we plan to publish the study in a peer-reviewed journal. Participation in SCBI's Virginia Working Landscapes Project has helped us develop inventories of birds, pollinators and meadow plants, and access to the project's data gives us the ability to contextualize the Farm's biodiversity with other similar properties throughout the region. Our relationship with SCBI also resulted in us receiving the help of a student enrolled in the Smithsonian-Mason semester. The student, Elliot Lassiter, provided weekly assistance to both the farm staff and conservation manager and brought his own expertise to help inform our research.

The conservation manager also sits on the board of two local environmental non-profits, RappFLOW (<http://www.rappflow.org/>) and the Rappahannock League of Environmental Protection (<http://www.rlep.org/>). The property owner chairs the Krebsler Fund for Rappahannock County Conservation. Our work with these organizations has strengthened our ability to affect environmental action in the county and share our work with the community.

Other key partners include:

- **Environmental Studies on the Piedmont:** <http://envstudies.org/>
 - camera trap research and apiary consultation
- **Hill House Farm and Nursery:** <http://hillhousenativeplants.com/>
 - plant materials
- **Jeff Wolinski, Consulting ecologist:** <http://jeffwolinski.com/>
 - warm season grass meadow management and invasive plant control
- **Old Rag Master Naturalists:** <http://www.oldragmasternaturalists.org/>
 - annual butterfly count
- **Nelson Byrd Woltz Landscape Architects:** <http://www.nbwla.com/>
 - restoration design
- **Piedmont Environmental Council:** <http://www.pecva.org/>
 - part of the Virginia Working Landscapes initiative
- **Roger Jones**
 - American kestrel banding
- **Smithsonian Conservation Biology Institute:** <http://nationalzoo.si.edu/scbi/default.cfm>
 - surveys of birds, pollinators and plants, and the Smithsonian-Mason semester internship program
- **Sustainable Solutions, LLC:** <http://www.sustainablesolutionsllc.net/>
 - prescribed burning
- **Taliaferro Trope**
 - brown marmorated stink bug research
- **The Nature Conservancy of Virginia**
 - forest management consultation
- **Virginia Forestry & Wildlife Group:** <http://vaforestwild.com/>
 - ailanthus and other invasive plant eradication, wildlife habitat management consultation

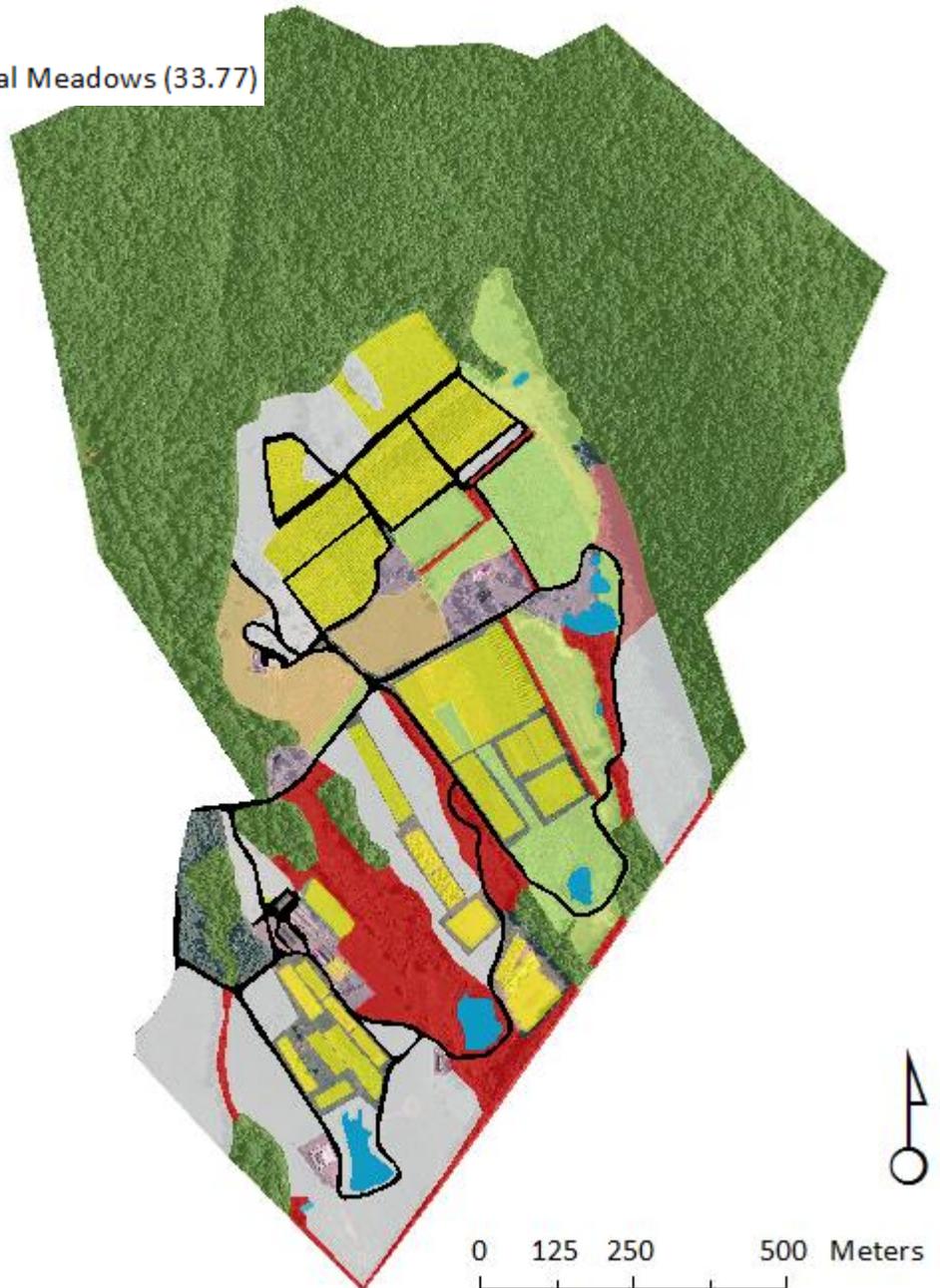
Appendix A: An aerial image of the Farm at Sunnyside (outlined in yellow) taken during soils surveys in 1970. Substantial road systems cut through what is currently early successional forest infested with ailanthus. Forests at higher elevation near the boundary with Shenandoah National Park also show signs of considerable disturbance.



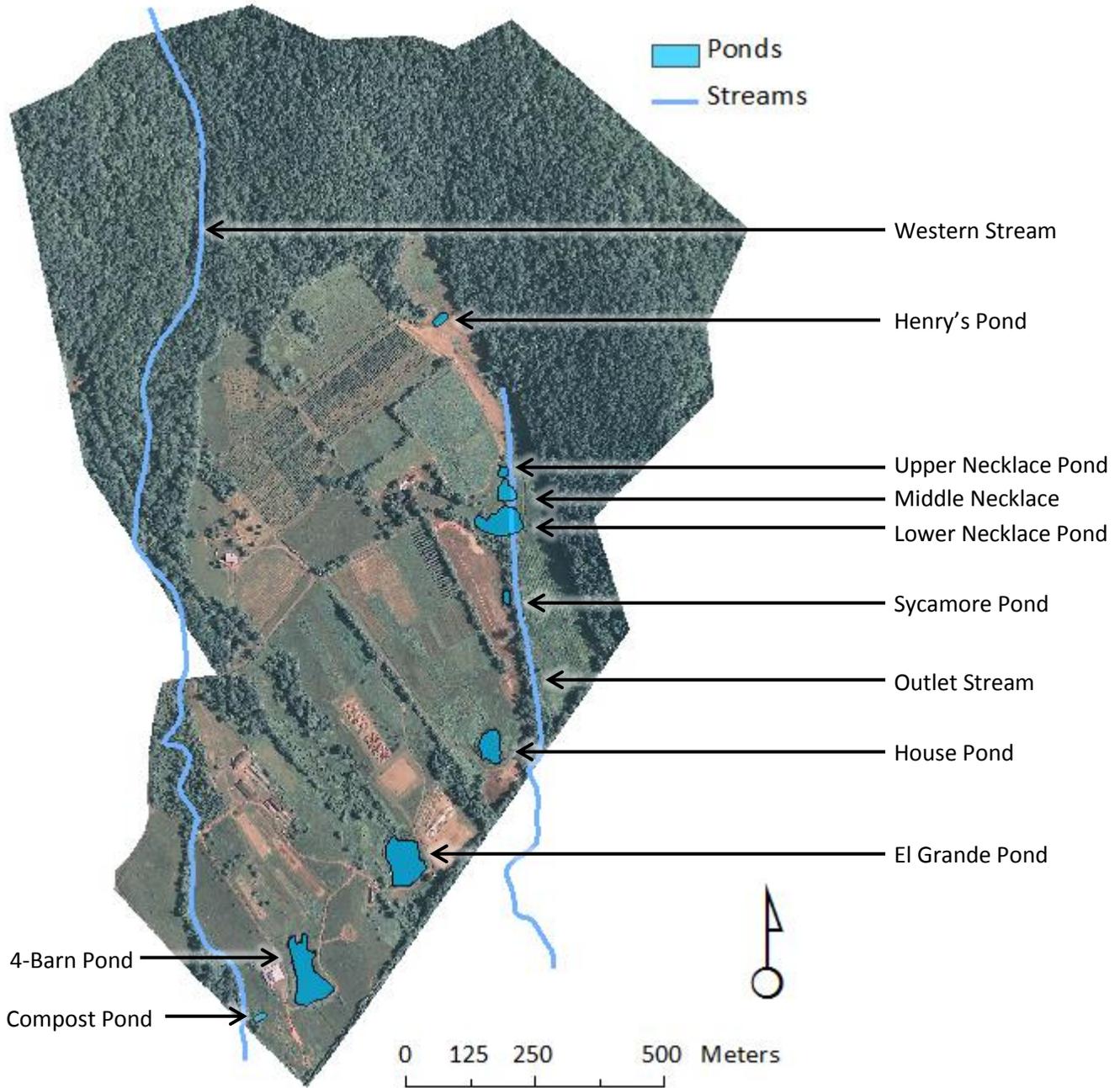
Land Cover (acreage)

Appendix B: Land cover at the Farm at Sunnyside.

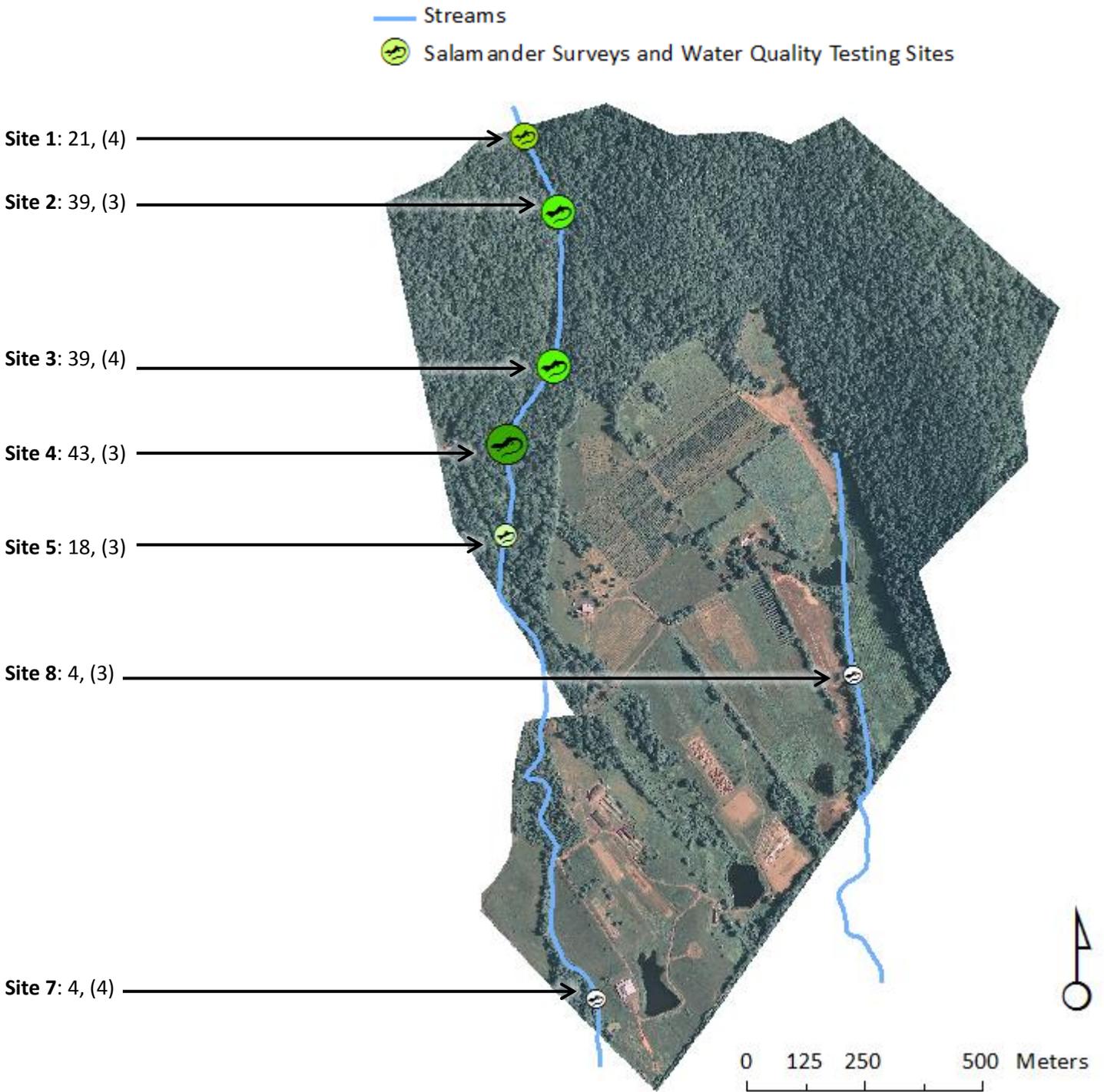
- Corridors (26.17)
- Developed Open Space (9.24)
- Field Crops (19.26)
- Forest Community Types (216.76)
- Marginal (55.30)
- Orchards (21.19)
- Pasture (10.50)
- Ponds (4.77)
- "Ramble" Restoration Site (6.31)
- Roads
- Warm Season Grass and Natural Meadows (33.77)



Appendix C: Hydrographic features at the Farm at Sunnyside.



Appendix D: Stream salamander survey sites. Larger, darker green symbols indicate higher salamander count. Sites are labeled as **Site #:** count, (species present). Site 6 was dropped from sampling.



Appendix E: Mammals captured by our camera traps.



striped skunk (*Mephitis m. mephitis*)



Peromyscus sp.



black bear (*Ursus americanus*)



three black bear cubs



southern flying squirrel (*Glaucomys v. volans*)



eastern cottontail (*Sylvilagus floridanus*)

Appendix F: Bird list

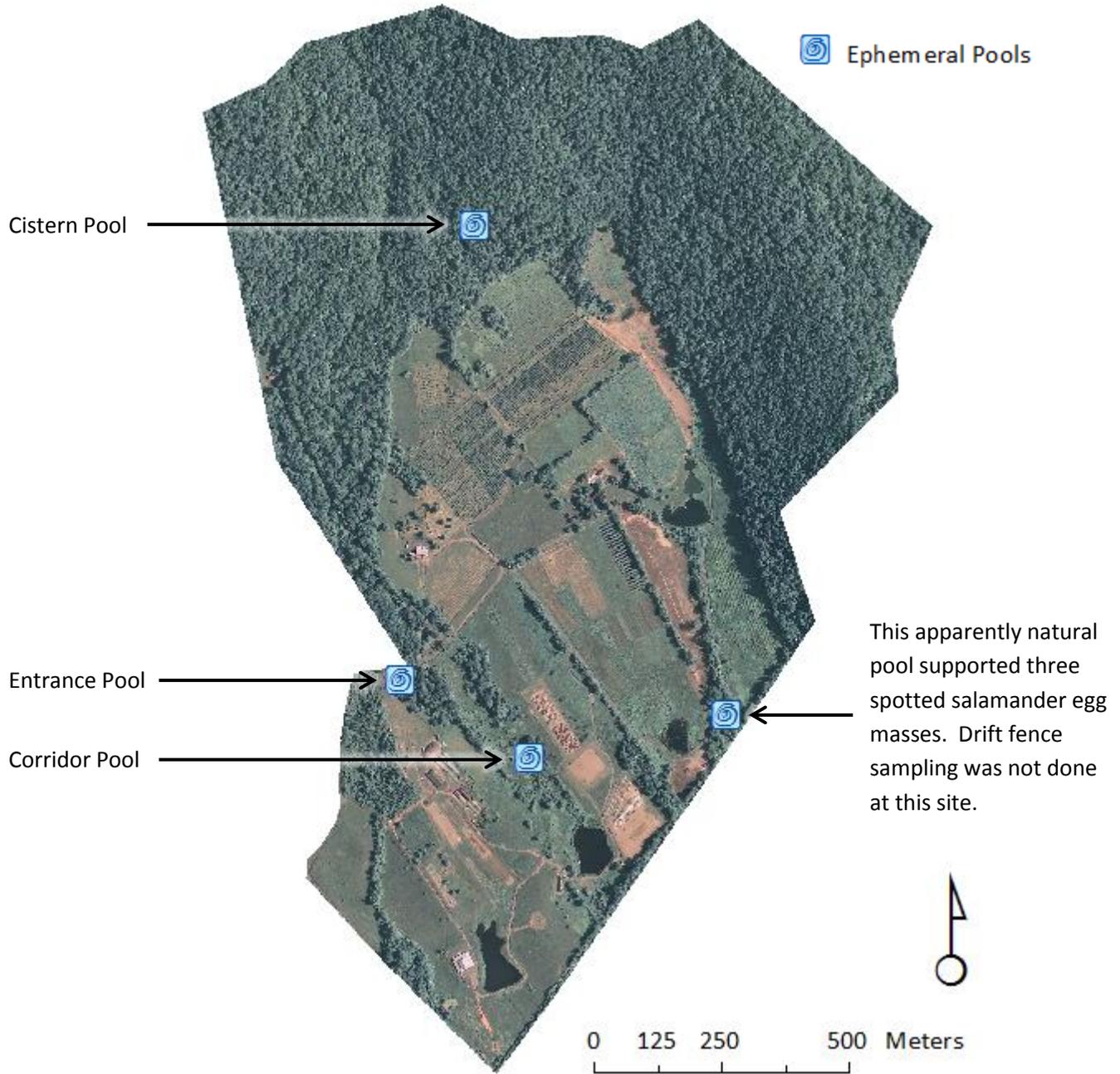
| <u>Common Name</u> | <u>Latin Name</u> | <u>Breeding</u> |
|---------------------------|---------------------------------|-----------------|
| | | Y = confirmed |
| | | P = probable |
| Pied-billed grebe | <i>Podilymbus podiceps</i> | |
| Tundra swan | <i>Cygnus columbianus</i> | |
| Canada goose | <i>Branta canadensis</i> | Y |
| Mallard | <i>Anas platyrhynchos</i> | |
| American black duck | <i>Anas rubripes</i> | |
| American wigeon | <i>Anas americana</i> | |
| Blue-winged teal | <i>Anas discors</i> | |
| Wood duck | <i>Aix sponsa</i> | Y |
| Redhead | <i>Aythya americana</i> | |
| Ring-necked duck | <i>Aythya collaris</i> | |
| Hooded merganser | <i>Lophodytes cucullatus</i> | |
| Red-breasted merganser | <i>Mergus serrator</i> | |
| Ruddy duck | <i>Oxyura jamaicensis</i> | |
| Turkey vulture | <i>Cathartes aura</i> | |
| Black vulture | <i>Coragyps atratus</i> | |
| Cooper's hawk | <i>Accipiter cooperii</i> | P |
| Sharp-shinned hawk | <i>Accipiter striatus</i> | P |
| Northern harrier | <i>Circus cyaneus</i> | |
| Red-tailed hawk | <i>Buteo jamaicensis</i> | Y |
| Red-shouldered hawk | <i>Buteo lineatus</i> | Y |
| Bald eagle | <i>Haliaeetus leucocephalus</i> | |
| Osprey | <i>Pandion haliaetus</i> | |
| American kestrel | <i>Falco sparverius</i> | Y |
| Wild turkey | <i>Meleagris gallopavo</i> | Y |
| Northern bobwhite | <i>Colinus virginianus</i> | Y |
| Great blue heron | <i>Ardea herodias</i> | |
| Green-backed heron | <i>Butorides striatus</i> | Y |
| Black-crowned night heron | <i>Nycticorax nycticorax</i> | |
| Virginia rail | <i>Rallus limicola</i> | |
| Sora | <i>Porzana carolina</i> | |
| American coot | <i>Fulica americana</i> | |
| Killdeer | <i>Charadrius vociferus</i> | Y |
| Lesser yellowlegs | <i>Tringa flavipes</i> | |
| Solitary sandpiper | <i>Tringa solitaria</i> | |
| Spotted sandpiper | <i>Actitis macularia</i> | P |
| American woodcock | <i>Scolopax minor</i> | Y |
| Common snipe | <i>Gallinago gallinago</i> | |
| Ring-billed gull | <i>Larus delawarensis</i> | |
| Rock dove | <i>Columba livia</i> | Y |
| Mourning dove | <i>Zenaida macroura</i> | Y |

| | | |
|-------------------------------|-----------------------------------|---|
| Yellow-billed cuckoo | <i>Coccyzus americanus</i> | Y |
| Black-billed cuckoo | <i>Coccyzus erythrophthalmus</i> | |
| Eastern screech owl | <i>Otus asio</i> | Y |
| Great-horned owl | <i>Bubo virginianus</i> | Y |
| Barn owl | <i>Tyto alba</i> | |
| Barred owl | <i>Strix varia</i> | P |
| Whip-poor-will | <i>Caprimulgus vociferus</i> | Y |
| Chimney swift | <i>Chaetura pelagica</i> | Y |
| Ruby-throated hummingbird | <i>Archilochus colubris</i> | Y |
| Belted kingfisher | <i>Ceryle alcyon</i> | P |
| Common flicker | <i>Colaptes auratus</i> | Y |
| Pileated woodpecker | <i>Dryocopus pileatus</i> | Y |
| Red-bellied woodpecker | <i>Melanerpes carolinus</i> | Y |
| Red-headed woodpecker | <i>Melanerpes erythrocephalus</i> | |
| Yellow-bellied sapsucker | <i>Sphyrapicus varius</i> | Y |
| Hairy woodpecker | <i>Picoides villosus</i> | Y |
| Downy woodpecker | <i>Picoides pubescens</i> | Y |
| Eastern kingbird | <i>Tyrannus tyrannus</i> | Y |
| Great-crested flycatcher | <i>Myiarchus crinitus</i> | Y |
| Eastern phoebe | <i>Sayornis phoebe</i> | Y |
| Acadian flycatcher | <i>Empidonax virescens</i> | Y |
| Eastern wood pewee | <i>Contopus virens</i> | Y |
| Barn swallow | <i>Hirundo rustica</i> | Y |
| Cliff swallow | <i>Hirundo pyrrhonota</i> | Y |
| Tree swallow | <i>Tachycineta bicolor</i> | Y |
| Northern rough-winged swallow | <i>Stelgidopteryx serripennis</i> | |
| Purple martin | <i>Progne subis</i> | |
| Blue jay | <i>Cyanocitta cristata</i> | Y |
| Common raven | <i>Corvus corax</i> | P |
| American crow | <i>Corvus brachyrhynchos</i> | P |
| Carolina chickadee | <i>Parus carolinensis</i> | Y |
| Tufted titmouse | <i>Parus bicolor</i> | Y |
| White-breasted nuthatch | <i>Sitta carolinensis</i> | Y |
| Brown creeper | <i>Certhia americana</i> | |
| House wren | <i>Troglodytes aedon</i> | Y |
| Winter wren | <i>Troglodytes troglodytes</i> | |
| Carolina wren | <i>Thryothorus ludovicianus</i> | Y |
| Northern mockingbird | <i>Mimus polyglottos</i> | Y |
| Grey catbird | <i>Dumetella carolinensis</i> | Y |
| Brown thrasher | <i>Toxostoma rufum</i> | Y |
| American robin | <i>Turdus migratorius</i> | Y |
| Wood thrush | <i>Hylocichla mustelina</i> | Y |
| Hermit thrush | <i>Catharus guttatus</i> | |
| Eastern bluebird | <i>Sialia sialis</i> | Y |

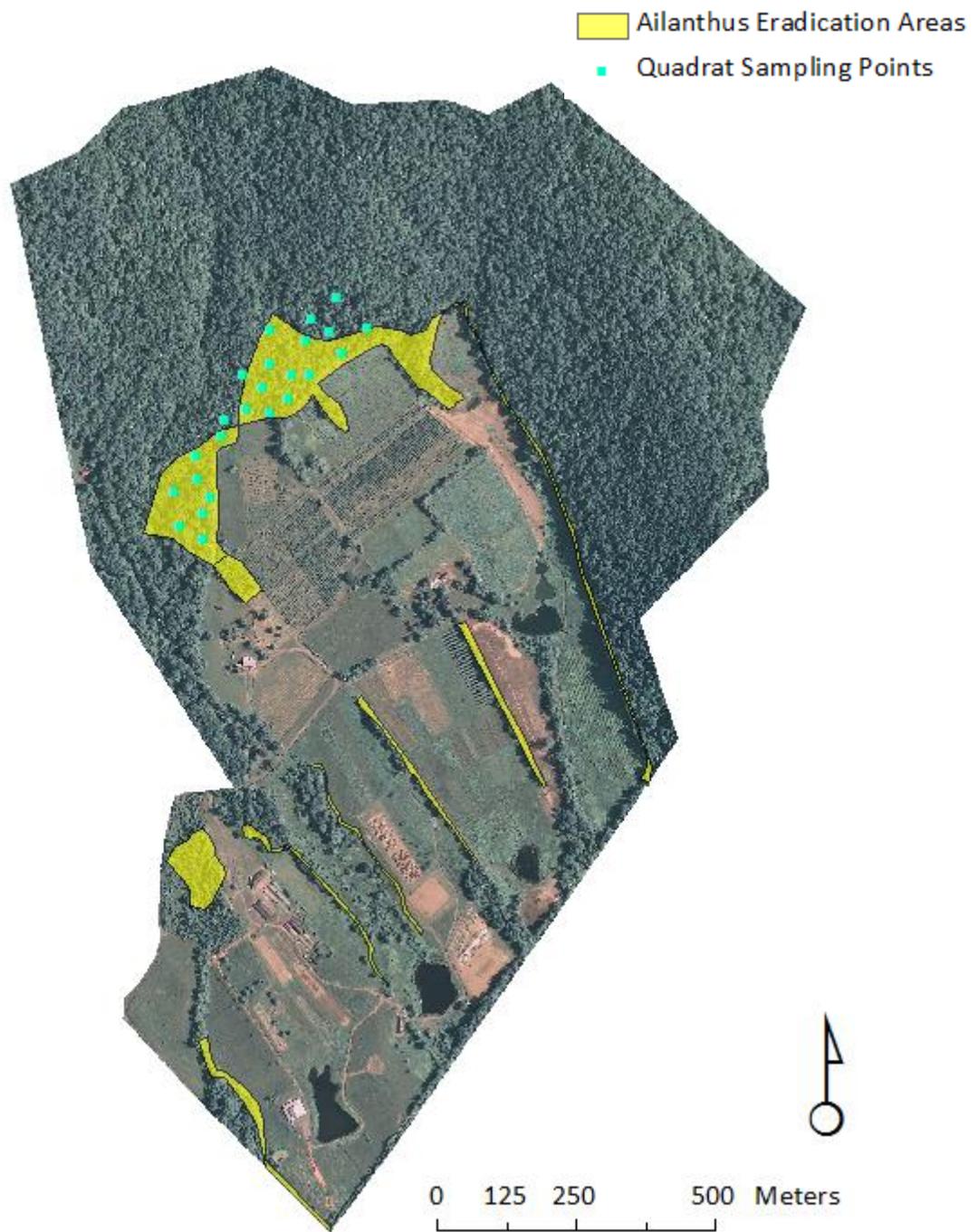
| | | |
|------------------------------|--------------------------------|---|
| Blue-gray gnatcatcher | <i>Polioptila caerulea</i> | Y |
| Golden-crowned kinglet | <i>Regulus satrapa</i> | |
| Ruby-crowned kinglet | <i>Regulus calendula</i> | |
| American pipit | <i>Anthus rubescens</i> | |
| European starling | <i>Sturnus vulgaris</i> | Y |
| Cedar waxwing | <i>Bombycilla cedrorum</i> | P |
| White-eyed vireo | <i>Vireo griseus</i> | Y |
| Yellow-throated vireo | <i>Vireo flavifrons</i> | |
| Blue-headed vireo | <i>Vireo solitarius</i> | |
| Red-eyed vireo | <i>Vireo olivaceus</i> | Y |
| Warbling vireo | <i>Vireo gilvus</i> | Y |
| Blue-winged warbler | <i>Vermivora cyanoptera</i> | |
| Northern parula | <i>Setophaga americana</i> | Y |
| Yellow warbler | <i>Setophaga petechia</i> | Y |
| Chestnut-sided warbler | <i>Setophaga pensylvanica</i> | |
| Cape May warbler | <i>Setophaga tigrina</i> | |
| Black-throated blue warbler | <i>Setophaga caerulescens</i> | |
| Yellow-rumped warbler | <i>Setophaga coronata</i> | Y |
| Black-throated green warbler | <i>Setophaga virens</i> | |
| Palm warbler | <i>Setophaga palmarum</i> | |
| Prairie warbler | <i>Setophaga discolor</i> | P |
| Blackpoll warbler | <i>Setophaga striata</i> | Y |
| Black-and-white warbler | <i>Mniotilta varia</i> | |
| American redstart | <i>Setophaga ruticilla</i> | Y |
| Ovenbird | <i>Seiurus aurocapilla</i> | Y |
| Louisiana waterthrush | <i>Parkesia motacilla</i> | Y |
| Kentucky warbler | <i>Geothlypis formosa</i> | Y |
| Common yellowthroat | <i>Geothlypis trichas</i> | Y |
| Yellow-breasted chat | <i>Icteria virens</i> | Y |
| Scarlet tanager | <i>Piranga olivacea</i> | Y |
| Northern cardinal | <i>Cardinalis cardinalis</i> | Y |
| Rose-breasted grosbeak | <i>Pheucticus ludovicianus</i> | |
| Blue grosbeak | <i>Guiraca caerulea</i> | Y |
| Indigo bunting | <i>Passerina cyanea</i> | Y |
| Eastern meadowlark | <i>Sturnella magna</i> | Y |
| Bobolink | <i>Dolichonyx oryzivorus</i> | |
| Red-winged blackbird | <i>Agelaius phoeniceus</i> | Y |
| Common grackle | <i>Quiscalus quiscula</i> | |
| Brown-headed cowbird | <i>Molothrus ater</i> | Y |
| Orchard oriole | <i>Icterus spurius</i> | Y |
| Baltimore oriole | <i>Icterus galbula</i> | Y |
| House sparrow | <i>Passer domesticus</i> | Y |
| House finch | <i>Carpodacus mexicanus</i> | |
| American goldfinch | <i>Spinus tristis</i> | Y |
| Pine siskin | <i>Spinus pinus</i> | |

| | | |
|------------------------|----------------------------------|---|
| Snow bunting | <i>Plectrophenax nivalis</i> | |
| Eastern towhee | <i>Pipilo erythrophthalmus</i> | Y |
| Field sparrow | <i>Spizella pusilla</i> | Y |
| Chipping sparrow | <i>Spizella passerina</i> | Y |
| Vesper sparrow | <i>Pooecetes gramineus</i> | |
| Savannah sparrow | <i>Passerculus sandwichensis</i> | |
| Grasshopper sparrow | <i>Ammodramus savannarum</i> | |
| Song sparrow | <i>Melospiza melodia</i> | Y |
| Swamp sparrow | <i>Melospiza georgiana</i> | Y |
| Fox sparrow | <i>Passerella iliaca</i> | |
| White-throated sparrow | <i>Zonotrichia albicollis</i> | |
| White-crowned sparrow | <i>Zonotrichia leucophrys</i> | |
| Dark-eyed junco | <i>Junco hyemalis</i> | |

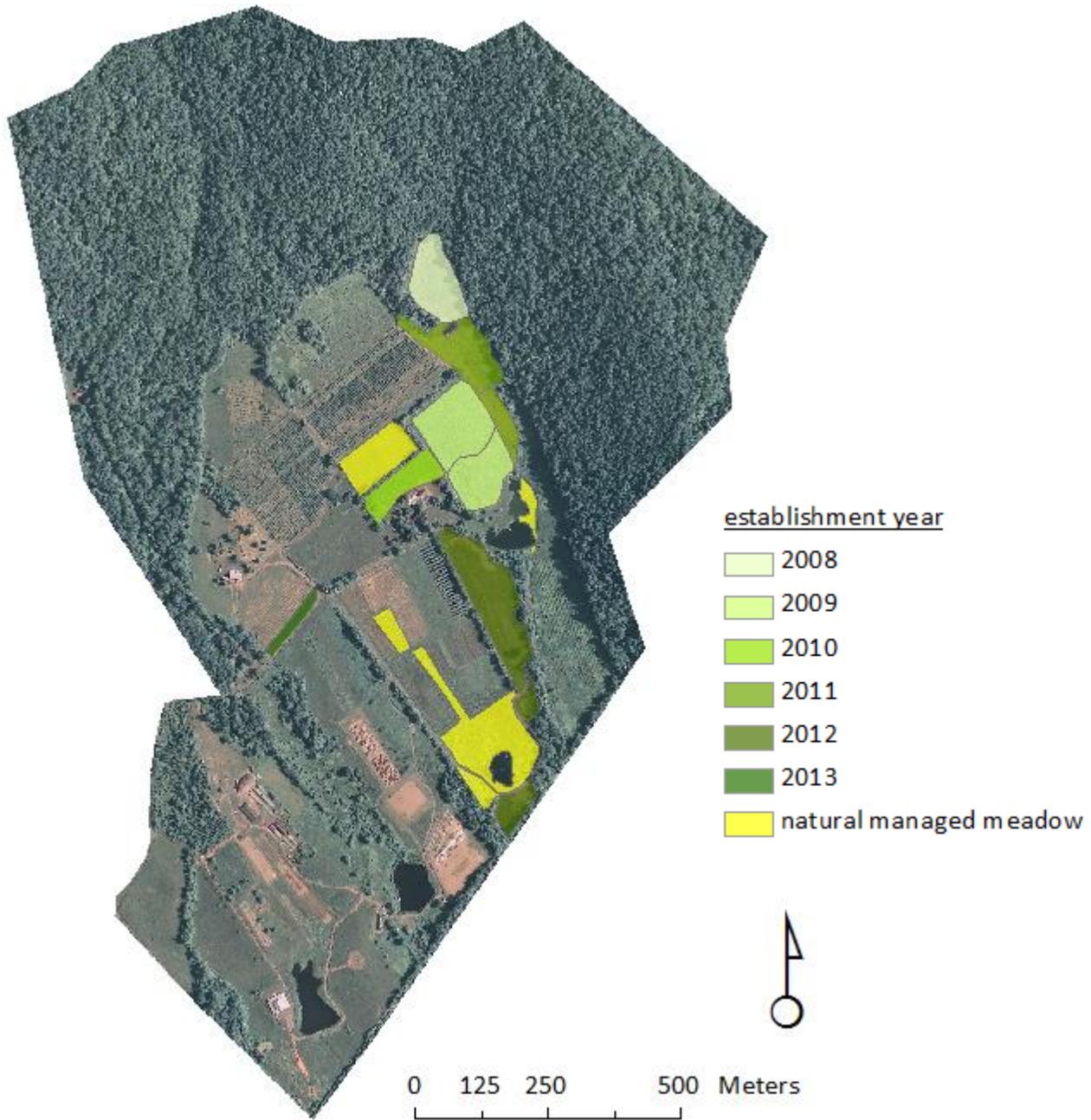
Appendix G: Known ephemeral pools, natural and naturalized.



Appendix H: Areas managed for ailanthus eradication by the Virginia Forestry and Wildlife Group in 2011. The quadrat sampling points are long-term study sites that will be resampled periodically to examine the effects of ailanthus canopy removal on forest regeneration (see 2011 report for explanation of methods).



Appendix I: The Farm at Sunnyside's warm season grass meadows and managed natural meadows listed by year established.



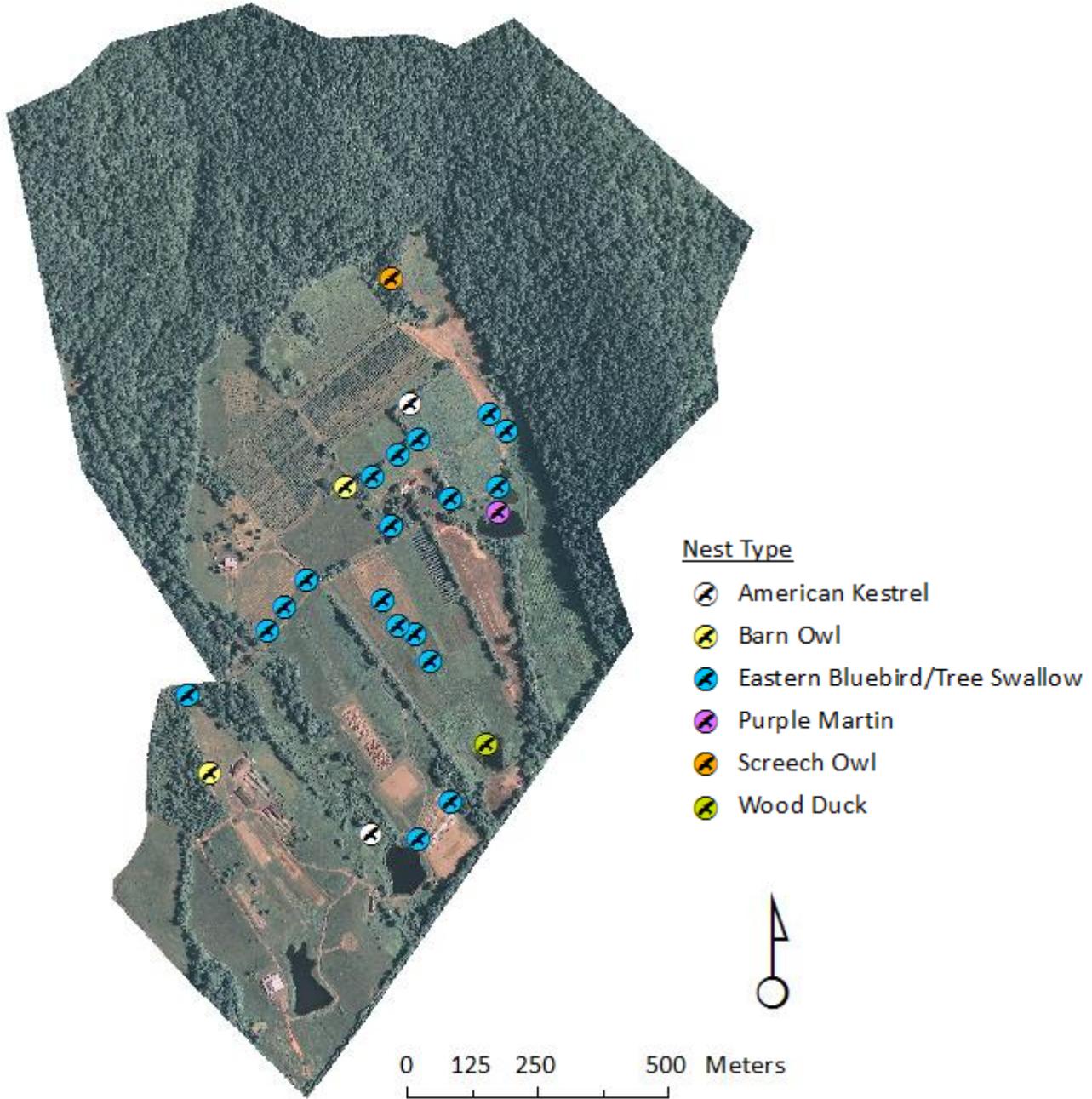
Appendix J: Seed mix we used for warm season grass meadow restoration in 2012.

| Species | common | % weight |
|---------------------------------|-------------------------|-----------------|
| grasses | | |
| <i>Bouteloua curtipendula</i> | sideoats grama | 10 |
| <i>Elymus canadensis</i> | Canada wild rye | 15 |
| <i>Elymus virginicus</i> | Virginia wild rye | 15 |
| <i>Schizachyrium scoparium</i> | little bluestem | 25 |
| <i>Sorghastrum nutans</i> | indiangrass | 5 |
| | | 70 |
| forbs | | |
| <i>Asclepias syriaca</i> | common milkweed | 2 |
| <i>Aster novae-angliae</i> | New England aster | 2 |
| <i>Chaemecrista fasciculata</i> | partridge pea | 5 |
| <i>Coreopsis lanceolata</i> | lance-leaved coreopsis | 2 |
| <i>Coreopsis tinctoria</i> | plains coreopsis | 2 |
| <i>Desmodium canadense</i> | showy tick-trefoil | 2 |
| <i>Echinacea purpurea</i> | purple coneflower | 5 |
| <i>Heliopsis helianthoides</i> | oxeye sunflower | 2 |
| <i>Monarda fistulosa</i> | wild bergamot | 2 |
| <i>Rudbeckia hirta</i> | blackeyed susan | 2 |
| <i>Rudbeckia triloba</i> | browneyed susan | 2 |
| <i>Euthamia graminifolia</i> | narrow-leaved goldenrod | 2 |
| | | 30 |

Appendix K: Shrubs and perennial forbs used for wildlife habitat enhancement in restoration sites and agricultural areas. All materials were purchased locally from Hill House Farm and Nursery.

| Species | Common | Quant. |
|------------------------------------|--------------------------|---------------|
| <i>Ceanothus americanus</i> | New Jersey tea | 50 |
| <i>Chelone glabra</i> | white turtlehead | 10 |
| <i>Clethra acuminata</i> | cinnamonbark summersweet | 3 |
| <i>Euonymus americana</i> | American strawberry bush | 5 |
| <i>Eupatorium coelestinum</i> | blue mist flower | 50 |
| <i>Eupatorium purpureum</i> | sweet joe-pye weed | 35 |
| <i>Eupatoriadelphus fistulosus</i> | hollow joe-pye weed | 10 |
| <i>Liatris spicata</i> | dense blazing star | 40 |
| <i>Parthenium integrifolium</i> | wild quinine | 15 |
| <i>Physotegia virginiana</i> | obedient plant | 24 |
| <i>Pycnanthemum incanum</i> | hoary mountain mint | 20 |
| <i>Pycnanthemum muticum</i> | clustered mountain mint | 50 |
| <i>Rudbeckia maxima</i> | cabbage leaf coneflower | 2 |
| <i>Sambucus canadensis</i> | grey elderberry | 5 |
| <i>Solidago rugosa</i> | rough goldenrod | 10 |
| <i>Solidago speciosa</i> | showy goldenrod | 10 |
| <i>Veronicastrum virginicum</i> | culver's root | 15 |

Appendix L: Bird nest box locations.



Appendix M: Eastern bluebird/tree swallow nest boxes. Larger, darker blue symbols indicate higher fledgling production.

